

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Claes Steven

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 200M BUTTERFLY MEN							Heat:1, starttime: 09:55	
Heat: 1/4 Lane : 3 Athlete: SEGHERS MICHIEL							Q-time: 02:18:52	
PB (25m pool): 2:18.52 Leuven 23 Feb 2025				PB (50m pool): 2:22.59 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.69		1:07.12				2:18.52
	30.69		36.43			1:11.40		
								

Coach feedback:

Event number: 21: 50M BREASTSTROKE MEN										Heat:1, starttime: 10:20	
Heat: 1/8 Lane : 3 Athlete: VAN DE VEIRE WANNES										Q-time: 00:31:90	
PB (25m pool): 32.34 Kapelle-op-den-Bos 21 Apr 2025										PB (50m pool): 31.90 SB:	
	2 5 M		5 0 M								
PB			32.34								
	32.34										
											

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN							Heat:4, starttime: 10:55	
Heat: 4/6 Lane : 3 Athlete: CIOBANU ANASTASIA							Q-time: 00:28:66	
PB (25m pool): 28.81 Meise 14 Sep 2025				PB (50m pool): 28.66 SB:				
PB	2 5 M		5 0 M					
			28.81					
	28.81							
								

Coach feedback:

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Event number: 25: 100M FREESTYLE MEN					Heat:2, starttime: 11:00
Heat: 2/9 Lane : 7 Athlete: SEGHERS MICHIEL					Q-time: 00:54:25
PB (25m pool): 54.25 Gent 10 Nov 2024					PB (50m pool): 56.03 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.80		54.25	
	25.80		28.45		
					

Coach feedback: